

SWISS – ECUADORIAN ON AN INCREDIBLE CHALLENGE: CLIMBING SUMMIT OF EACH CONTINENT IN WORLDRECORD TIME

Having already achieved three world records of the seven, Karl Egloff, a Swiss- Ecuadorian, is on a mission! He has set himself the challenge to climb the highest mountains of the continents in world record time, aiming for the Mount Everest in 2021.

Zürich, 08.11.2017 Karl Egloff, born in 1981, started speed climbing only in his early 30th. Straight away he set the world speed climbing record at Mount Kilimanjaro in 2014, followed by the record setting speed climbing on the Aconcagua in 2015, beating both records of Kilian Jornet, the global champion. This year in May, Karl set the world record at Mount Elbrus in Russia.

Speed climbing is a form of climbing the mountain with the ultimate speed goal. Speed climbing is mostly done at standardized artificial climbing walls, whereas Karl Egloff climbs mountains. For example a normal person takes around 5 – 8 days to climb Mount Kilimanjaro; Karl Egloff just took 6 hours and 42 minutes in 2014, setting the world record.

Next summit towards Mount Everest is the Mount Denali in Alaska, May 2018

There are still 4 world records to be achieved on his quest of the 7 summits - and they will not be a walk in the park. Karl who is married and has a 1 year old son will attempt in May 2018 the world record of the highest mountain of the North American continent: Denali (6190 m), in Alaska. The plan is then to attempt the Vinson Massif (4,892 m) in the Antarctica, the Puncak Jaya or Carstensz Pyramid (4884 m) in Australia, finalizing his 7 summit quest with the Mount Everest (8848 m) in 2021. Karl who lives and runs an international mountain guiding business in Quito started his sports career as a successful professional mountain biker with several wins of international gold medals.

“When I was a teenager my father taught me the love for the mountains. As a Mountainbiker I learned to train ambitiously and to set myself big targets. Finally Speedclimbing taught me the importance of perfect preparation and planning of my projects. Mistakes are not allowed on this terrain – therefor I am thinking everyday about developing myself further.” explains Karl Egloff.

Climbing all South American summits in world record time is part of the preparation

Karl Egloff grew up in the mountains, but the task ahead needs more than just that. The challenges Karl is facing at such an incredible task are huge. First off, how do you finance such a big attempt? You need sponsors, people who believe in you and who are ready to support this seemingly impossible task. Secondly, the preparation is crucial - Karl runs at high altitudes where it is snowy, cold and freezing. Nothing survives there for long. How does he deal with the thinning oxygen the more he gets to the top? Having a small baby and young family is putting even more pressure on him. How does he deal with all those external and internal pressures? Are his mind and body strong enough? Part of the preparation will be to speed climbing all the highest summits of South America in world record time. Two of the summits have been already conquered in world record time by Karl: Huascarán, Peru (6655m) and Chimborazo, Ecuador (6267m). The third one to be attempted in January 2018: Ojos del Salado, Chile (6893m).

Interviews with Karl Egloff

Karl is available for interviews in English, German and Spanish. He understands Italian and French.



	CARSTENSZ PYRAMID	VINSON MASSIF	ELBRUS	KILIMANJARO	MOUNT MC KINLEY	ACONCAGUA	EVEREST
Elevation	4,884 m	4,897 m	5,642 m	5,895 m	6,195 m	6,962 m	8,850 m
Continent	Australasia	Antarctica	Europe	Africa	North America	South America	Asia
Country	Indonesia	Antarctica	Russia	Tanzania	Alaska	Argentina	Nepal

More information and high quality photos can be found [here](#)

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Karl Egloff, born on the 16th of March 1981, is a Swiss- Ecuadorian speed climber, the owner of an international mountain guide business as well as an aspirant UAIGM guide. He lives with his wife and son in Quito, Ecuador. Until 2014 Karl was a professional mountain biker winning international gold medals. As a highly professional mountain tour guide Karl has guided groups on the highest and challenging mountains of the world. Since Karl has taken up speed climbing, he has set various world records: Mount Kilimanjaro, Africa (5895 m/19340 ft.) in 2014, Aconcagua, South America (6962 m/ 22841 ft.) in 2015, Mount Elbrus, Russia (5642 m/ 18510 ft.) in 2017, Huascarán, Peru (6655 m/ 21834 ft.) in 2016 and Chimborazo, Ecuador (6267 m/ 20561 ft.) in 2012. As an outstanding mountain athlete he has set himself the challenge to climb the seven highest summits of each continent in world record time, including the Mount Everest until 2021.

Videos

Aconcagua record, 2015

<https://vimeo.com/143074390>

Kilimanjaro, 2014

<https://www.youtube.com/watch?v=5whCrapAJdg>